



# DAILY LIFE & LEADERSHIP CHECK-IN

Your Guide for Everyday





WHO AM I BEING IN ALL OF THIS?

WHO DO I GET TO BE?





HOW IS MY BALANCE OF MASCULINE/FEMININE ENERGY?

WHERE AM I TRADING INTENTIONALITY  
FOR STRATEGY?







AM I TAKING RISKS WITHOUT COMMITMENTS?

AM I MAKING ALIGNED CHOICES AND LIVING  
AN ALIGNED LIFE?





**Jenn Shull**

*Alignment Coach*

**jenn@theboldthing.com**  
**704.726.8742**



**theboldthing.com**